Plastic produce bags

1 lb. broccoli

Zucchini or yellow squash

Yellow Peaches ($1.47/lb.)

2 bunches asparagus ($1.88/lb.)

Bananas

1 yellow onion

1 Del Monte Gold Pineapple ($1.99 each)

4 organic Fuji apples ($0.99/lb.)

1 tomato

Strawberries

Raisins

Hamburger buns

32 oz. chicken broth (Swanson, 33% less sodium)

SPAM Lite or 25% less sodium

Brown Rice

White sugar

1 package sliced cheese

1 package chicken thighs ($0.99/lb.)

1 package chicken drumsticks ($0.99/lb.)

8 oz. plain yogurt

Unsalted butter

2 18-count eggs

Freezer bags (quart size)

Aluminum foil

l'Oreal Preference, Number 3, Soft Black

Clotrimazole Cream (1%)

Hanes Crew Socks, Cushioned (size 8-12)